

WHERE IT'S ALWAYS
GAME ON!

PROGRAMMING DEPARTMENT **ADULT**

FISC
**FREDERICK INDOOR
SPORTS CENTER**

ADULT LEAGUE POLICIES

1. REGISTRATION DEADLINES

- All teams must register no later than 2 weeks prior to the start of a new session. No Additional teams will be accepted past this date. Teams will be given 1 week from this date to register a minimum of 10 players. In the event a team does not meet this requirement they may do either of the following: 1) terminate team from the upcoming session. 2) team captain will be charged for player spots not filled to meet the 10 player requirement. The open spots must be filled with a registered player no later than week 6 of the session. It is the team captains responsibility to ensure all players register. If a team terminates after the 1 week deadline, all Pay-per-Session players will be charged a 25% fee of their registration costs and the remaining 75% will be refunded. to their FISC account.

2. TEAM ROSTERS

- A new player roster is required for each team before each session for all leagues.
- Each team must have at least 10 paid roster spots.
- There is no maximum number of players permitted on the roster
- Team rosters are locked in after the second match of each session, with the exception of medical hardships and Player X spots, which can be accommodated through the sixth match of the session. After week 6, there are no roster moves.

A. Player X Spots

- Once an adult soccer league team reaches 10 paid players, it receives a free Player X spot that can be used for regular-season play.
- Teams can purchase a Player X spot for the season and will be able to use that spot during the playoffs.
- The Player X spot can be filled by an age-appropriate player with a valid FISC ID.

B. Adult Co-Ed

- In the addition to the above minimum player counts, co-ed teams must have at least two female players registered on the team. In addition, 2 female players must be on the field (which includes goalkeeper) at all times. If a team has only one female on the field, it must play a player short. Similarly, a team must have at least two males registered on the team and two in play (which can include the goalkeeper) at all times. If a team has only one male on the field, it must play a player short.

C. Referees

- Referees who are active players are prohibited from officiating matches of a division in which he/she plays.

3. BENCH AREA/SIDELINES

- Only registered rostered players and a maximum of two coaches (age 21 and up) are permitted in the player bench area/team sidelines.